



9TH ANNUAL
11th Step Retreat
for Recovering Alcoholics and Al-Anons

July 13-15 2018 | 200 Hill Drive • Saint Meinrad, IN 47577



Held at the beautiful St. Meinrad Monastery, the rolling hills of southern Indiana setting radiates blessed peace and fosters soul calm.

The 2018 theme is Joy of the Journey and highlights an objective inside look at living in the moment and enjoying the daily experiences you have while taking Step 11. It's a weekend about applying spiritual principles in everyday situations. Open your mind, awaken your spirit, and expand your knowledge. Let's use higher power as a verb and leave the definition to your own understanding. Gain tools to expand your conscious contact with a power greater than yourself. Join us for knowledge, stories, humor, and sharing as well as meditation, yoga, music, and fellowship. Material and quotes from a variety of spiritual literature will be shared. The retreat is non-denominational and spiritual rather than religious. All faiths and spiritual orientations welcome.

What's Up in 2018?

- Four general sessions. Keynote Speaker Dr. John M., author of *Being Sober and Becoming Happy* and former Director of Spiritual Direction 19 years at Hazelden in Minnesota.
- Four breakout workshops organized into two tracks (Humility, Relationships, Emotional Sobriety and Freedom of Forgiveness) followed by discussion groups - with MANY facilitators
- Guided meditation mornings to expand your conscious contact
- Special video presentation

For more information, please contact:

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Please check out our website and register at www.spiritualretreatsteps.com



Single Rate \$255.00/room • Double Rate \$425.00/room • Lodging and meals included • Full payment at registration.

Retreat sold out in 2017 with full attendance. 2018's room block is filling up with reservations already! Please let us know if you're willing to share a room or help sponsor a newcomer in need. If you don't want to register online, call Guest Services at 800-581-6905 weekdays or 812-357-6611 weekends.

Sponsored by Visitation@8, AA Group (B2nd and Allisonville Rd, Indianapolis, IN)